

Official Bulletin



LOUTRAKI - GREECE 24 - 26 September 2010



Loutraki, Greece

Welcome



Dear Friends.

It is a great pleasure to me to host all of you in Greece in the beautiful town of Loutraki where we have to enjoy the Greek hospitality at its very best inside a beautiful natural seaside environment.

It is the stated goal of FBK to provide the opportunity for the top karateka of the area have access to a safe and high level international regional competition and to be able to participate in a strong test before the World Championships of 2010. In parallel and after the total request of all FBK members the same dates will be hosted and the Balkan Championships of Children which will take place every year in order to be promoted in the best way the Balkan karate young generation. With this FBK decision the young people will be able to meet and test every year their skills against others from 10 countries in the best way possible; in peace and friendship.

Together with our referee colleagues in FBK we intend to ensure that this championship will be one which will live up to our ideals and in every way promoting the development of our sport in the Balkan peninsula.

I am sure we will have a wonderful championship and I look forward to seeing you all in Greece.

Yours sincerely

George Yerolimpos FBK President

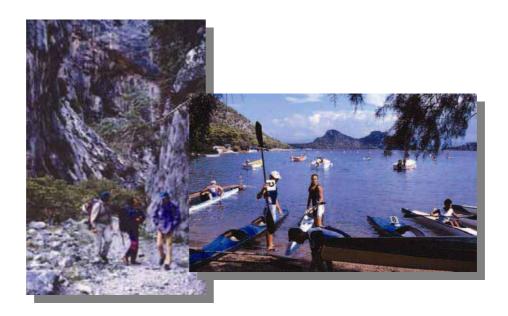


Loutraki, Greece

City of Loutraki

The Municipality of Loutraki - Perachora belongs to the Prefecture of Corinthia. It was established in 1934, and stems from the restructuring of the former Municipality of Perachora.

The municipality apart from Loutraki and Perachora, it also includes the areas of Isthmia and Pissia. The Municipality covers an area of 19.687 sq. km and has a population of 16.520 inhabitants. The local inhabitants are mainly occupied in the tourism industry, and at the same time in the developing light manufacturing industry, craft industry and agriculture. The local industries are mostly involved in bottling natural mineral water. The Municipality of Loutraki - Perachora is only 85km away from Athens, the capital of Greece, whilst there is a road and railway link between them. It is also connected through road, railway and sea, with the most important gates of the country (Piraeus and Patra).





The Sport Hall

The competition will take place at the indoor venue of Loutraki.

It has a capacity of 200 spectators, while there are many rooms for the better training of the athletes before competitions. The main room is full air-conditioned.





Loutraki, Greece

Accommodation

According to the FBK Executive Committee decision of 27 November 1999, the host country, in this case the Hellenic Karate Federation, will cover the expenses of the FBK Executive Committee members, the Chairmen of the FBK Committees and of three (3) referees from each participating country provided they reside in the official hotels of the Championship.

The accommodation will be provided in the Sportcamp Complex which offers all sports facilities including the training halls for the athletes.and the official hotels which all together can accommodate more than 700 persons.

DEADLINE 1st of September 2010

All hotel prices are with **full board** per person per day in double and triple rooms. The accommodation in the Sportcamp will be provided in Quad or six bed rooms with full board in open buffet. During the competition days a lunch basket will be provided in every athlete upon request. This request must be presented in writing 2 days before the teams arrival in order to make the necessary preparations.

IMPORTANT NOTES

- All competitors must bring with them their own gloves and belts (red and blue) and all other protective equipment approved by the WKF. Especially for Children categories face mask and the chest protection are obligatory.
- According to the 2003 FBK Congress decision for FBK Championships there is a participation fee of 10 Euro per competitor.
- Each country can register up to 3 competitors for individual Kata events, up to 2 competitors for individual Kumite event and 1 team for team events.
- In order to be able and get your <u>entry visas</u> in time, you are kindly requested to send us a list with the names, passport numbers and status (athlete, coach, referee, official etc...) of all your delegation members by September 1st. We remind you that you must contact the Greek Embassy or Consulate in your countries in order to know the necessary procedure and deadlines for the issuing of your entry visas.



SPORTCAMP FACILITIES









SPORTCAMP VIEW



HOTELS ***



ACHILLION HOTEL



PAOLO HOTEL



MARION HOTEL



GRAND OLYMPIC HOTEL



BAKOS HOTEL



ILION HOTEL

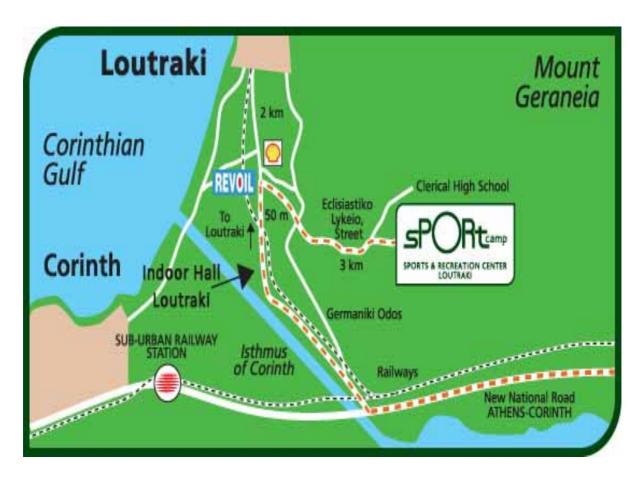


Loutraki, Greece

Reservations

The reservations in the hotel designated by the organisation must be done through the sport complex secretariat:

SPORTCAMP secretariat, tel. +30 27440 23999, email: events@sportcamp.gr, www.sportcamp.gr, fax: +30 27440 26930



All reservations should be made through the official e-mail and paid to the Sportcamp secretariat.



Loutraki, Greece

General information and event schedule

Registration Registration will be accepted only through the WKF ONLINE registration system (www.wkf-registration.net). Final Registration and issue of accreditation will take place at the Sportcamp on Thursday 23rd of September from 14.00hrs until 20.00hrs. All delegation members (competitors and officials) must have a current WKF ID card. Applications for the WKF ID card may be filled either through the WKF web page or upon request and payment during the official registration. Competitors must present passports or official ID for personal data checking.

Referee's Course The referee's course is open to beginners as well as qualified referees and to those who are working on the tables during the championships. It will be held at the Sportcamp Conference Hall as follows: Thursday 23rd of September from 16.00 till 17.00 theory instruction and WKF rules update, from 17.00 to 19.00 written examination. All the latest modifications to the WKF Rules will be explained and confirmed by the FBK RC Chairman, Mr. Kanellis and the RC.

The Competition Draw The draw will take place on Thursday 23rd of September at 20.00hrs in the Sportcamp registration room.

FBK Congress The Congress will be held at the sportcamp conference hall at 10.00 hrs on Friday 23th September.

FBK Championships Competition Regulations 2010

- 1. All participants must be members of FBK and WKF.
- 2. Senior events are held according to the WKF competition rules.
- 3. Children events are held according to the FBK rules. Please note that for Children Kata competition those born in 1999 and 1998 must perform Heyan, Pinan etc or Tokui Kata, different in every round and Tokui Kata for medal. Those born in 1997 and 1996 must only perform Tokui Kata, different in every round. No Bunkai required for team competition.
- 4. Competitors must supply their own red and blue mitts and belts. Shin and foot protection is compulsory for kumite for all age groups as well as mouth guards (gum shields). For the children kumite categories the face mask and the chest protection are also compulsory.



Pre-Competition Programme

Thursday, September 23rd

Place:	Schedule:	Activity:
		Arrival of Delegations
Sportcamp	14:00 – 20:00	Registration of Delegations
Sportcamp- Conference Hall	16:00 – 17:00	Referee Course - theory
Sportcamp – Conference Hall	17:00 – 19:00	Referee Course – written examination
Sportcamp	18:00 – 19:00	FBK Executive Committee Meeting
Sportcamp	19:00 – 20:00	FBK Congress
Sportcamp	20:00 – 21:00	Draw

Competition Programme

Friday, September 24 th			
08:00 - 08:30	Weighing Male Children All Categories		
08:30 - 10:30	Elimination and Repechage Kata Individual Male Children born in 1999 & 1998		
	Elimination and Repechage Kata Individual Female Senior		
10:30 – 12:30	Elimination and Repechage Kata Individual Male Children born in 1997 & 1996		
10.30 - 12.30	Elimination and Repechage Kata Individual Male Senior		
12:30 – 13:30	Elimination and Repechage Kumite Male Children born in 1999 (-30kg, -35kg, -		
12.30 - 13.30	40kg, -45kg & +45kg)		
13:30 – 16:30	LUNCH BREAK		
14:30 -15:30	Elimination and Repechage Kumite Male Children born in 1998 (-35kg, -40kg, -		
	45kg, -50kh & +50kg)		
15:30 – 16:30	Elimination and Repechage Kumite Male Children born in 1997 (-40kg, -45kg, -		
	50kg, -55kg & +55kg)		
16:30 – 18:00	Elimination and Repechage Kumite Male Children born in 1996 (-52kg, -57kg, -		
	63kg, -70kg & +70kg)		
18:00 – 18:30	Opening Ceremony		
Finals			
18:30 – 19:00	Kata individual Male Children, Male Senior & Female Senior		
19:00 – 19:30	Kumite Male Children All Categories		
19:30	Medals Ceremony		



	Saturday, September 25 th		
	Weighing Female Children All Categories		
08:00 - 08:30	Weighing Female Senior -61kg, -68kg & +68kg		
00.00 00.50	Weighing Male Senior -75kg, -84kg & +84kg		
08:30 - 10:30	Elimination and Repechage Kata Individual Female Children born in 1999, 1998,		
	1997 & 1996		
10:30 – 11:30	Elimination and Repechage Kumite Female Children born in 1999 (-35kg, -40kg		
10.30 – 11.30	& +40kg)		
11:30 – 12:30	Elimination and Repechage Kumite Female Children born in 1998 (-37kg, -42kg		
11.30 - 12.30	& +42kg)		
12:30 – 13:30	Elimination and Repechage Kumite Female Children born in 1997 (-42kg, -47kg		
12.30 13.30	& +47kg)		
13:30 – 16:30	Elimination and Repechage Kumite Female Children born in 1996 (-47kg, -54kg		
	& +54kg)		
14:30 – 15:30	LUNCH BREAK		
15:30 – 17:00	Elimination and Repechage Kumite Female Senior -61kg, -68kg & +68kg		
17:00 – 18:30	Elimination and Repechage Kumite Male Senior -75kg, -84kg & +84kg		
	Finals		
	Kata individual Female Children		
18:30 – 20:00	Kumite Female Children All Categories		
10.30 - 20.00	Kumite Female Senior -61kg, -68kg & +68kg		
	Kumite Male Senior -75kg, -84kg & +84kg		
20:00	Medals Ceremony		
	Sunday, September 26 th		
08:30 - 09:00	Weighing Female Senior -50kg & -55kg		
08:30 - 09:00	Weighing Male Senior -60kg & -67kg		
09:00 - 10:00	Elimination, Repechage and Finals Kumite Female Senior -50kg & -55kg		
10:00 - 11:00	Elimination, Repechage and Finals Kumite Male Senior -60kg & -67kg		
11:00 – 12:00	Elimination, Repechage and Finals Kata Team Male and Female Children 1999-		
11:00 - 12:00	1998 & 1997-1996		
12:00 - 13:00	Elimination, Repechage and Finals Kata Team Male & Female Senior		
13:00 – 14:00	Elimination & Repechage Kumite Team Female Senior		
14:00 – 16:00	Elimination & Repechage Kumite Team Male Senior		
	Finals		
16:00 – 17:00	Kumite Team Female Senior		
10:00 – 17:00	Kumite Team Male Senior		
17:00	Medals Ceremony		
	Closing Ceremony		



Loutraki, Greece

Accomodation Cost

Hotel	Single room FB per day	Double room FB per day	Quad room FB per day
Sportcamp	-	-	39 €
Hotels	64 €	54 €	49 €

The above prices are given per person per day in euro (€) with full board Full board accommodation includes breakfast, lunch and dinner.

Sport activities within the Sportcamp (tennis, volley, basketball, table tennis, aerobic), shows, contests and use of sunshades and deck chairs at the sea and the pools will be free of charge.

Transportation	Taxi	Bus
Airport / Sportcamp or Sportcamp / Airport	120 € per way (maximum 3 persons)	10 € per person per way

Please take into account that are existing limited single and double rooms and will be followed the priority of the reservation.

Usefull links

Greek National Tourism Organization: www.gnto.gr

Athens International Airport: www.aia.gr